■ I 措置不要
No action necessary. Please continue to maintain your health.

■ II 要保健指導 ・ III 要医療
Make sure to print and bring your Health Check-up Results when consulting a doctor.

ECG: A letter of introduction (JPY 300) and an a copy of your electrocardiogram result can be provided, if necessary.

Chest X-ray: A letter of introduction (300 yen) and X-rays digital data (500 yen).

* For those whose ‘public health nurse comment’ column of the medical checkup result reads “胸部 X 線検査について再検査が必要です。保健センター内科を受診してください,” contact the health center where you received medical checkup and consult its internal medicine doctor.

* For those who wish to receive documents or consult doctors, please contact the health center beforehand.

http://www.hc.u-tokyo.ac.jp/

If you wish to be examined at the Health Service Center

[Internal Medicine Dept. at the Health Service Center]
(Opening times: weekdays from 10:00 a.m. to 12:20 p.m., and from 2:00 p.m. to 3:45 p.m.)

○ As consultation is not by appointment, you may be required to wait before the consultation. There are no set dates for consultations; please check the Health Service Center website for dates when there are no consultations.

○ Please have the medical examination as soon as possible.

○ If an abnormal value in “urine protein,” “urine occult bleeding” or “urine sugar” has been reported, please obtain a container for urinalysis from the health center beforehand, and collect a urine sample first thing on the morning of the day of examination.

○ If the comments “abnormality found in lipid level” or “you may have diabetes” were on your report, a blood sample may be required. Please do not eat breakfast or few hours before coming for you examination.

○ Those who have previously used the Health Center please make sure to bring your health center card.

○ Please make sure to bring the “Health Check-up Results”.

○ There is a consultation fee of JPY 100. (separate charge will be made if more examination is required)

Health Center Internal Medicine
Hongo (ext.22583)
Komaba (ext.46168)
Kashiwa (ext.63040)

* Please be aware that the Health Center’s Health Management Office may forward you to another doctor for further consultation.

■ IV 要継続医療
Please make sure to show your doctor the "Health Check-up Results".

About the Response Form
If you visited a medical institute for an exam or have a primary physician, be sure to fill out this Response Form after the exam. Place it in the drawer marked “Health Checkup Results Form” in the Management Administrative Team Office.

[Questions] Institute of Medical Science Administration Team Ext. 72074

～Continued on other side～
**Response Form (for staffs)**

<table>
<thead>
<tr>
<th>Date</th>
<th>Common ID</th>
<th>Name</th>
<th>Department</th>
<th>Ext. number (Contact info)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Medical examination item**

(please place a ✓ in one of boxes below.)

On consulting a medical clinic (Name: ) following the medical check-up,

- □ 1. No treatment or further follow-up is required
- □ 2. Follow-up check (No treatment, only for check-up or examination) Follow-up visit is on / .
- □ 3. Starting out-patient treatment (ex. internal medication etc.)
- □ 4. Hospital care
- □ 5. Others ______________________________
- □ 6. I am discussing the results of this examination with my regular doctor from prior to the check-up.

~Continued on other side~