

Health Information Spring & Summer Issue

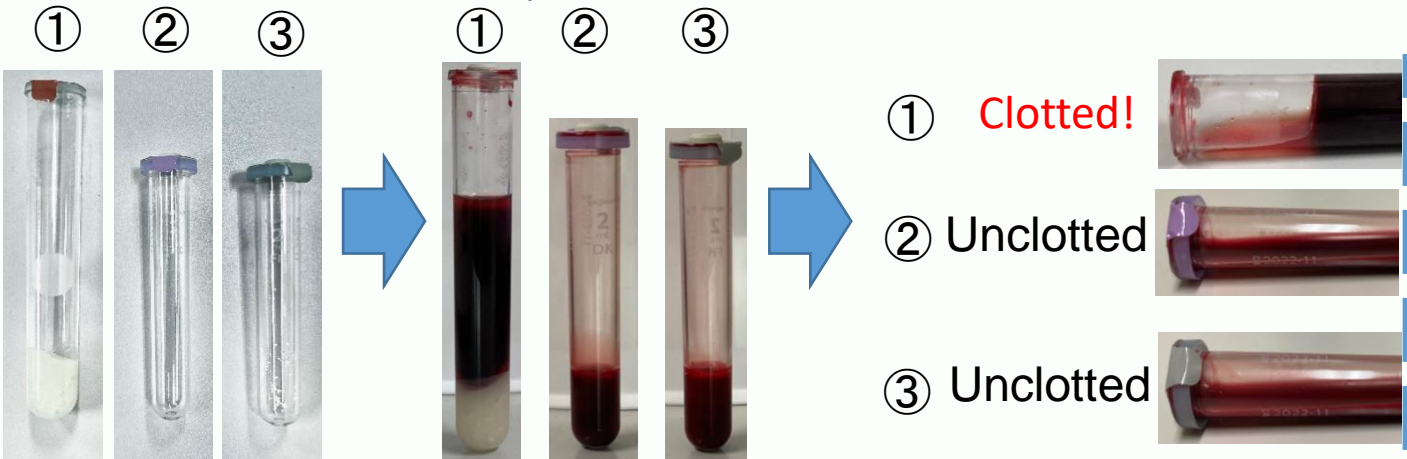
~Why we need to take several blood samples~

Thank you for your cooperation with the collection of blood samples. Although the blood tests require you to skip breakfast or cause a bit of pain when drawing samples, they provide us with lots of information about the state of your body for health management as well as early detection of illnesses. In this issue, we'd like to share a little more about the blood tests!

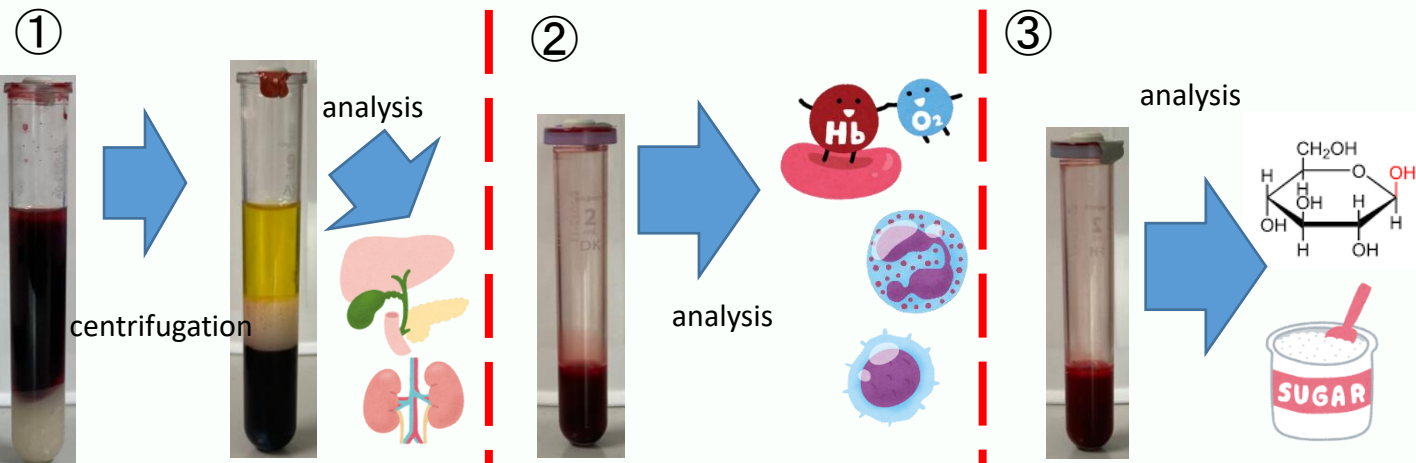
Why do we need several blood samples ?

Many people may wonder why we take multiple tubes of blood when it's all the same blood. It's because we need to select test tubes according to the items we want to examine!

Let's take a look at the three representative blood collection tubes (①, ②, ③).



After the collection...



① Blood clots in this tube. We use the supernatant called "serum" after centrifugation. We can check the function of livers, kidneys, etc...

② Since this tube is treated with anticoagulants, blood will not clot. We can check your complete blood cells such as WBC, RBC, Hb, etc.

③ This tube contains an anticoagulant along with an inhibitor of glycolysis. We use this tube to measure blood sugar level and HbA1c

The samples are extremely honest !

Please follow the instructions of the doctor or the health check-up guide and cooperate with dietary restrictions prior to the examination.

Please let us know if any of the following applies to you

- You have experienced skin rashes or redness caused by disinfectants such as alcohol.
- You are taking anticoagulants or blood thinners.
- You have felt sick previously when you had blood samples taken.

We appreciate your understanding!