

Regular health check-ups for faculty and staff

It is required by law to be conducted once a year.

Please check the University of Tokyo Health Service Center website and be sure to receive a health check-up during the period.

<https://www.hc.u-tokyo.ac.jp/en/checkups/regular-medical-checkup-for-staff-and-faculties/>

To confirm that you are eligible for the health check-up,

please contact the person in charge of health check-ups in your department.

The results of the health check-up can be checked online after 1 to 2 months.

Please make sure that you check your results.

Health Service Center
website



Schedule

- Those who have "T: 特殊" printed below your name and affiliation on the upper right-hand corner of the health check-up sheet have a fixed date for their Special Health Check-ups.
- If you are required to have a dental examination, please make a reservation on the designated date (marked with ※ on the Schedule).
- Additional dates are planned after January 2025. More details will be posted on the Health Services Center website closer to the time.

	Regular Health Check-ups		Special Health Check-ups			Regular Health Check-ups		Special Health Check-ups	
Campus /Date	AM	PM	AM	PM	Campus /Date	AM	PM	AM	PM
Hongo/13 Sep	M	F	M※	F	Hongo/25 Oct	F	M	F※	M
Hongo/17 Sep	F	F			Hongo/28 Oct	M	F	M※	
Hongo/18 Sep	F	M			Komaba/6 Nov	F	M		
Hongo/19 Sep	F	M			Komaba/8 Nov	M	F	M	F※
Komaba/25 Sep	F	M			Komaba/11 Nov		F		
Komaba/26 Sep	M	F			Hongo/13 Nov	F	M		
Komaba/27 Sep	F	M	F	M※	Hongo/15 Nov	M	M		
Komaba/30 Sep		M			Hongo/18 Nov	F	M		
Kashiwa/3 Oct	F	M			Hongo/19 Nov	M	F		
Kashiwa/4 Oct	M	F			Hongo/20 Nov	F	F		
Kashiwa/7 Oct	M / F	M	M / F※	M	Hongo/21 Nov	F	F		
Kashiwa/8 Oct	F	M			Shirokanedai/29 Nov	F	M		
Kashiwa/9 Oct	M				Shirokanedai/2 Dec	M / F	F		
Hongo/15 Oct	M	F			Hongo/6 Dec	M	M		
Hongo/16 Oct	F	M			Hongo/9 Dec	F	M		
Hongo/17 Oct	F	F			Hongo/10 Dec	M	F		
Hongo/18 Oct	F	M	F	M	Komaba/17 Dec	M	F		
Hongo/24 Oct	M	F	M		Komaba/18 Dec	M / F			

Location

- Hongo : Health Check-up floor (Basement) Hongo Health Service Center
- Komaba : 21KOMCEE WEST
- Kashiwa : Kashiwa Library
- Shirokanedai : Building No. 2 Main conference room & small conference room

- Please cooperate by wearing a mask, preferably made of non-woven fabric, when coming to the health check-up venue.
- If you have a fever or are feeling unwell, please cancel your reservation using the health check-up reservation system and make a new reservation.
- If you need assistance at the health check-up venue (for example, if you are unable to go up and down the stairs on your own or have difficulty performing health check-ups in a group), please contact the Health Services Center in advance.

Inquiries : Hongo Health Service Center E-mail : hoken-kanri-hongo.adm@gs.mail.u-tokyo.ac.jp