## **Spring Special Health Check-ups Information**

It is required by law to be conducted twice a year.

Please check the University of Tokyo Health Service Center website and be sure to receive a health check-up during the period.

https://www.hc.u-tokyo.ac.jp/en/checkups/medical-examination-for-those-engaged-in-specified-work-content/linear-

The results of the health check-up can be checked online after 1 to 2 months.

Please make sure that you check your results.

Health Service Center website



## Schedule

If you are required to have a dental examination, please make a reservation on the designated date (marked with  $\times$  on the Schedule).

Campus	Date	M/F	Time	Note
Hongo	1/30	F	9:00 ~ 12:15 14:15 ~ 15:15	
Hongo	1/31	М	9:00 ~ 12:15 14:15 ~ 15:15	
Hongo	2/3	F	9:00 ~ 12:15	*Dental examination
		М	14:15 ~ 15:15	
Hongo	2/10	М	9:00 ~ 12:15	*Dental examination
		F	14:15 ~ 15:15	
Kashiwa	2/14	М	9:45 ~ 11:00	*Dental examination
		F	11:15 ~ 12:15	*Dental examination
		М	14:15 ~ 15:00	
Komaba	2/21	М	9:00 ~ 11:00	*Dental examination
		F	11:15 ~ 12:15	
		М	14:15 ~ 14:45	
		F	15:00 ~ 15:15	

## Location

- Hongo: Health Check-up floor (Basement) Hongo Health Service Center
- Komaba: Komaba Health Service Center
  - \*The venue is different from the fall health check-up.
- Kashiwa : Kashiwa Library
- Please cooperate by wearing a mask, preferably made of non-woven fabric, when coming to the health check-up venue.
- If you have a fever or are feeling unwell, please cancel your reservation using the health check-up reservation system and make a new reservation.
- If you need assistance at the health check-up venue (for example, if you are unable to go up and down the stairs on your own or have difficulty performing health check-ups in a group), please contact the Health Services Center in advance.

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