

別表2 特殊健康診断対象業務 2025.06.～

特殊健康診断種別			Classification	条 件	Conditions
じん肺健康診断			Pneumoconiosis examination	土石の粉じんに週1回以上さらされる作業	Workers exposed to dust or powder of earth/rocks at least once a week
有機溶剤健康診断			Organic solvents examination		
1	2	アセトン	Acetone	週1回以上取り扱う作業	Workers handling substance at least once a week
	2	イソブチルアルコール	Isobutyl alcohol	週1回以上取り扱う作業	Workers handling substance at least once a week
	3	イソプロピルアルコール	Isopropyl alcohol	週1回以上取り扱う作業	Workers handling substance at least once a week
	4	イソペンチルアルコール(別名イソアミルアルコール)	Isopentyl alcohol (alias isoamylalcohol)	週1回以上取り扱う作業	Workers handling substance at least once a week
	5	エチルエーテル	Ethyl ether	週1回以上取り扱う作業	Workers handling substance at least once a week
	6	エチレングリコールモノエチルエーテル(別名セロソルブ)	Ethylene glycol monoethyl ether (alias cellosolve)	週1回以上取り扱う作業	Workers handling substance at least once a week
	7	エチレングリコールモノエチルエーテルアセテート(別名セロソルブアセテート)	Ethylene glycol monoethyl ether acetate (alias cellosolveacetate)	週1回以上取り扱う作業	Workers handling substance at least once a week
	8	エチレングリコールモノノルマルーブチルエーテル(別名ブチルセロソルブ)	Ethylene glycol mono-n-butyl ether (alias butylcellosolve)	週1回以上取り扱う作業	Workers handling substance at least once a week
	9	エチレングリコールモノメチルエーテル(別名メチルセロソルブ)	Ethylene glycol monomethyl ether (alias methylcellosolve)	週1回以上取り扱う作業	Workers handling substance at least once a week
	10	オルト-ジクロロベンゼン	o-Dichlorobenzene	週1回以上取り扱う作業	Workers handling substance at least once a week
	11	キシレン	Xylene	週1回以上取り扱う作業	Workers handling substance at least once a week
	12	クレゾール	Cresol	週1回以上取り扱う作業	Workers handling substance at least once a week
	13	クロロベンゼン	Chlorobenzene	週1回以上取り扱う作業	Workers handling substance at least once a week
	14	酢酸イソブチル	Isobutyl acetate	週1回以上取り扱う作業	Workers handling substance at least once a week
	15	酢酸イソプロピル	Isopropyl acetate	週1回以上取り扱う作業	Workers handling substance at least once a week
	16	酢酸イソペンチル(別名酢酸イソアミル)	Isopentyl acetate (alias isoamyl acetate)	週1回以上取り扱う作業	Workers handling substance at least once a week
	17	酢酸エチル	Ethyl acetate	週1回以上取り扱う作業	Workers handling substance at least once a week
	18	酢酸ノルマルーブチル	Butyl acetate	週1回以上取り扱う作業	Workers handling substance at least once a week
	19	酢酸ノルマループロピル	Propyl acetate	週1回以上取り扱う作業	Workers handling substance at least once a week
	20	酢酸ノルマルーペンチル(別名酢酸ノルマルーアミル)	Pentyl acetate (alias amyl acetate)	週1回以上取り扱う作業	Workers handling substance at least once a week
	21	酢酸メチル	Methyl acetate	週1回以上取り扱う作業	Workers handling substance at least once a week
	22	シクロヘキサノール	Cyclohexanol	週1回以上取り扱う作業	Workers handling substance at least once a week
	23	シクロヘキサノン	Cyclohexanone	週1回以上取り扱う作業	Workers handling substance at least once a week
	24	1,2-ジクロロエチレン(別名二塩化アセチレン)	1,2-Dichloroethylene (alias acetylene dichloride)	週1回以上取り扱う作業	Workers handling substance at least once a week
	25	N,N-ジメチルホルムアミド	N,N-Dimethylformamide	週1回以上取り扱う作業	Workers handling substance at least once a week
	26	テトラヒドロフラン	Tetrahydrofuran	週1回以上取り扱う作業	Workers handling substance at least once a week
	27	1,1,1-トリクロロエタン	1,1,1-Trichloroethane	週1回以上取り扱う作業	Workers handling substance at least once a week
	28	トルエン	Toluene	週1回以上取り扱う作業	Workers handling substance at least once a week
	29	二硫化炭素	Carbon disulfide	週1回以上取り扱う作業	Workers handling substance at least once a week
	30	ノルマルヘキサン	n-Hexane	週1回以上取り扱う作業	Workers handling substance at least once a week
	31	1-ブタノール	1-Butanol	週1回以上取り扱う作業	Workers handling substance at least once a week
	32	2-ブタノール	2-Butanol	週1回以上取り扱う作業	Workers handling substance at least once a week
	33	メタノール	Methanol	週1回以上取り扱う作業	Workers handling substance at least once a week
	34	メチルエチルケトン	Methyl ethyl ketone	週1回以上取り扱う作業	Workers handling substance at least once a week
	35	メチルシクロヘキサノール	Methylcyclohexanol	週1回以上取り扱う作業	Workers handling substance at least once a week
	36	メチルシクロヘキサノン	Methylcyclohexanone	週1回以上取り扱う作業	Workers handling substance at least once a week
	37	メチルーノルマルーブチルケトン	Methyl n-butyl ketone	週1回以上取り扱う作業	Workers handling substance at least once a week
	38	ガソリン	Gasoline	週1回以上、タンク内で取り扱う作業	Workers handling substance in tanks, at least once a week
	39	コールタールナフサ(ソルベントナフサを含む。)	Coal tar naphtha (including solvent naphtha)	週1回以上、タンク内で取り扱う作業	Workers handling substance in tanks, at least once a week
	40	石油エーテル	Petroleum ether	週1回以上、タンク内で取り扱う作業	Workers handling substance in tanks, at least once a week
	41	石油ナフサ	Petroleum naphtha	週1回以上、タンク内で取り扱う作業	Workers handling substance in tanks, at least once a week
	42	石油ベンジン	Petroleum benzine	週1回以上、タンク内で取り扱う作業	Workers handling substance in tanks, at least once a week
	43	テレピン油	Turpentine oil	週1回以上、タンク内で取り扱う作業	Workers handling substance in tanks, at least once a week
	44	ミネラルスピリット	Mineral spirits (including mineral thinner, petroleum spirits, white spirits, and mineral turpentine)	週1回以上、タンク内で取り扱う作業	Workers handling substance in tanks, at least once a week
鉛健康診断			Lead examination	鉛ヒュームに週1回以上曝露される作業(不定期な半田付け作業は含まない)	Workers exposed to lead-fumes at least once a week (occasional soldering work excluded)
四アルキル鉛健康診断			Tetraalkyl lead examination	頻度に関係なく四アルキル鉛を取り扱う作業	Workers handling substance (regardless of frequency)
電離放射線健康診断			Ionizing radiation examination	週1回以上電離放射線に曝露される恐れのある作業 あるいは 昨年度あるいは当該年度(見込み)実効線量5mSv/年を超える者	Workers exposed to ionizing radiation at least once a week OR Workers whose effective dose exceeded 5 mSv/year in the previous or current fiscal year (expected)
特定化学物質健康診断			Specified Chemical Substance examination		
1	1-①	ベンジジン及びその塩	Benzidine and its salts	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	1-②	ベーターナフチルアミン及びその塩	Beta-Naphthylamine and its salts	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	1-③	ジクロロベンジジン及びその塩	Dichlorobenzidine and its salts	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	1-④	アルファーナフチルアミン及びその塩	alpha-Naphthylamine and its salts	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	1-⑤	オルトトリジン及びその塩	o-Tolidine and its salts	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	1-⑥	ジアニシジン及びその塩	Dianisidine and its salts	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	1-⑦	パラージメチルアミノアゾベンゼン	P-Dimethylaminoazobenzene	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	1-⑧	マゼンタ	Magenta	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	2	ビス(クロロメチル)エーテル	Bis (chloromethyl) ether	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	3	塩素化ビフェニル等	Chlorinated biphenyl (alias PCB)	週1回以上取り扱う作業	Workers handling substance at least once a week
	4	ベリリウム	Beryllium and its compounds	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
5	6	ベンゾトリクロリド	Benzotrichloride	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	6	アクリルアミド(粉体のみ)	Acrylamide	週1回以上取り扱う作業	Workers handling substance at least once a week
	7	アクリロニトリル	Acrylonitrile	週1回以上取り扱う作業	Workers handling substance at least once a week
	8	アルキル水銀化合物	Alkyl mercury compounds	週1回以上取り扱う作業	Workers handling substance at least once a week
	9	エチレンイミン	Ethyleneimine	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	10	塩化ビニル	Vinyl chloride	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
	11	塩素	Chlorine	週1回以上取り扱う作業	Workers handling substance at least once a week

12	オーラミン	Auramine	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
13	オルトーフタロジニトリル	o-Phthalodinitrile	週1回以上取り扱う作業	Workers handling substance at least once a week
14	カドミウム及びその化合物	Cadmium and its compounds	週1回以上取り扱う作業	Workers handling substance at least once a week
15	クロム酸、重クロム酸	Chromic acid and dichromic acid its salts	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
16	クロロメチルメチルエーテル	Chloromethyl methyl ether	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
17	五酸化バナジウム	Vanadium pentoxide	週1回以上取り扱う作業	Workers handling substance at least once a week
18	コールタール	Coal tar	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
19-①	シアン化カリウム	Potassium cyanide	週1回以上取り扱う作業	Workers handling substance at least once a week
19-②	シアン化水素	Hydrogen cyanide	週1回以上取り扱う作業	Workers handling substance at least once a week
19-③	シアン化ナトリウム	Sodium cyanide	週1回以上取り扱う作業	Workers handling substance at least once a week
20	3,3'-ジクロロ-4,4'-ジアミノジフェニルメタン	3,3'-Dichloro-4,4'-diaminodiphenylmethane	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
21	臭化メチル	Methyl bromide	週1回以上取り扱う作業	Workers handling substance at least once a week
22	水銀及びその無機化合物	Mercury and its inorganic compounds	週1回以上取り扱う作業	Workers handling substance at least once a week
23	トリレンジイソシアネート	Tolylenediisocyanate	週1回以上取り扱う作業	Workers handling substance at least once a week
24	ニッケル化合物(粉末のみ)	Nickel compounds (limited to the powdered substances)	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
25	ニッケルカルボニル	Nickel carbonyl	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
26	ニトログリコール	Nitroglycol	週1回以上取り扱う作業	Workers handling substance at least once a week
27	パラ-ニトロクロロベンゼン	p-Nitrochlorobenzene	週1回以上取り扱う作業	Workers handling substance at least once a week
28	砒素及びその化合物(アリシン及び砒化ガリウムを除く)	Arsenic and its compounds (excluding arsine and gallium arsenide)	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
29	弗化水素	Hydrogen fluoride	週1回以上取り扱う作業	Workers handling substance at least once a week
30	ベータ-プロピオラクトン	beta-Propiolactone	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
31	ベンゼン	Benzene	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
32	ペンタクロロフェノール	Pentachlorophenol (alias PCP) and its sodium salts	週1回以上取り扱う作業	Workers handling substance at least once a week
33	マンガン又はその化合物	Manganese and its compounds	週1回以上取り扱う作業	Workers handling substance at least once a week
34	沃化メチル	Methyl iodide	週1回以上取り扱う作業	Workers handling substance at least once a week
35	硫化水素	Hydrogen sulfide	週1回以上取り扱う作業	Workers handling substance at least once a week
36	硫酸ジメチル	Dimethyl sulfide	週1回以上取り扱う作業	Workers handling substance at least once a week
37-①	4-アミノジフェニル及びその塩	4-aminodiphenyl and its salts	週1回以上取り扱う作業	Workers handling substance at least once a week
37-②	4-ニトロジフェニル及びその塩	4-nitrodiphenol and its salts	週1回以上取り扱う作業	Workers handling substance at least once a week
38	酸化プロピレン	Propylene oxide	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
39	1,1-ジメチルヒドラジン	1,1-Dimethylhydrazine	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
40	インジウム化合物	Indium compounds	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
41	エチルベンゼン(エチルベンゼン有機溶剤混合物を含む)	Ethylbenzene	週1回以上取り扱う塗装作業及び過去の従事者	Workers handling substance for painting at least once a week, or those who have do so in
42	コバルト及びその無機化合物	Cobalt and its compounds	週1回以上取り扱う作業(触媒としての使用を除く)及び過去の従事者	Workers handling substance at least once a week (use as catalyst excluded), or those who have done so in the past
43	1,2-ジクロロプロパン	1,2-Dichloropropane	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
44	ジメチル-2,2-ジクロロビニルホスフェイト(DDVP)	2,2-Dichlorovinyl dimethyl phosphate(DDVP)	週1回以上取り扱う作業	Workers handling substance at least once a week
45	クロロホルム	Chloroform	週1回以上取り扱う作業	Workers handling substance at least once a week
46	四塩化炭素	Carbon tetrachloride	週1回以上取り扱う作業	Workers handling substance at least once a week
47	1,4-ジオキサン	1,4-Dioxane	週1回以上取り扱う作業	Workers handling substance at least once a week
48	1,2-ジクロロエタン(別名二塩化エチレン)	1,2-Dichloroethane (alias ethylene dichloride)	週1回以上取り扱う作業	Workers handling substance at least once a week
49	ジクロロメタン(別名二塩化メチレン)	Dichloromethane (alias methylene dichloride)	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
51	スチレン	Styrene	週1回以上取り扱う作業	Workers handling substance at least once a week
52	1,1,2,2-テトラクロロエタン(別名四塩化アセチレン)	1,1,2,2-Tetrachloroethane (alias acetylene tetrachloride)	週1回以上取り扱う作業	Workers handling substance at least once a week
53	テトラクロロエチレン(別名パークロルエチレン)	Tetrachloroethylene (alias perchloroethylene)	週1回以上取り扱う作業	Workers handling substance at least once a week
54	トリクロロエチレン	Trichloroethylene	週1回以上取り扱う作業	Workers handling substance at least once a week
55	メチルイソブチルケトン	Methyl isobutyl ketone	週1回以上取り扱う作業	Workers handling substance at least once a week
56	ナフタレン	Naphthalene	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
57	リフラクトリーセラミックファイバー	Refractory ceramic fibers	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
58	オルト-トルイジン	o-Toluidine	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
59	三酸化ニアンチモン	Antimony trioxide	週1回以上取り扱う作業及び過去の従事者	Workers handling substance at least once a week, or those who have done so in the past
60	溶接ヒューム	Welding fume	週1回以上取り扱う作業	Workers handling substance at least once a week
高気圧業務健康診断		Examination for high atmospheric pressure work	週1回以上の高気圧環境下での作業	Workers in high atmospheric pressure environment at least once a week
石綿健康診断		Asbestos examinations	石綿及び石綿を含有する物質を週1回以上取り扱う作業に従事している、または従事していた者並びに平成8年以前に東京大学において施設管理業務に従事していた者	Workers handling asbestos/substances containing asbestos at least once a week, or those who have done so in the past Also applies to those who worked in UTokyo facility management before 1996
歯科健康診断		Dental examination	週1回以上塩酸、硝酸、硫酸、亜硫酸、弗酸または黄りん の ガス、蒸気又は粉じん曝露される作業	Workers exposed to gases, vapors or dusts of hydrochloric acid, nitric acid, sulfuric acid, sulfurous acid, hydrogen fluoride, or yellow phosphorus, at least once a week